

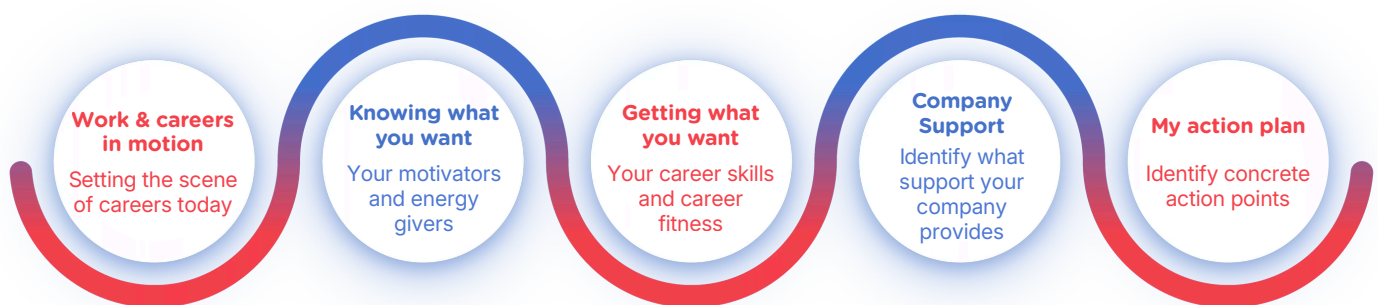
Career Resilience

Boost Career ownership and adaptability

Careers today are more dynamic, unpredictable, and self-directed than ever before.

This practical workshop is a short “fit-stop” using evidence-based career management tooling that helps individuals build the career management skills, self-awareness, and adaptability needed to keep pace with work and life changes while staying motivated, energised and productive.

Workshop Flow



This highly reflective programme will help you:

- ✓ Gain a refreshed view about what 21st century careers entail.
- ✓ Gain insight into your own motivations and energy givers.
- ✓ Gain insight into your personal career skills, using evidence-based career tooling of TalentLogiQs.
- ✓ Defined what you can do personally to further develop your skills and drive your career.
- ✓ Identify which internal programmes and resources can support you along the way.



Delivery Format

1 x 3.5 hour session, live or online. Facilitated by our experts in career development.



Language

English, Dutch, German and French.



Audience

Leaders, and all professional levels.



Journey

Participants complete first the evidence-based Career Fitness Profiler and define practical steps to shape and steer their own careers.



Navigate changing work skill expectations and life demands with **purpose** and **proactivity**.

We build the human foundation for a **sustainable** transformation.

Zest for Work redesigns how organisations generate energy, enabling teams to sustain performance, focus, clarity and adaptability under continuous demand.



You are in **good company!**

Annette Zweerman, Human Capital, Career Development Lead, PWC

Zest for Work helps us to kickstart, pilot and set up a career development initiative at PwC Netherlands. Throughout their people-centered and tailored Career Competencies programme and individual career coaching, our directors deeply reflect on their personal career aspiration and what it takes to self-steer their careers whilst sustaining motivation and energy. The Zest for Work coaches are highly professional and demonstrate outstanding facilitation and coaching skills in virtual and real-life environments, alongside scientific and cutting-edge subject matter expertise on sustainable careers.



Read what they say about us!



Trusted by
Global Leaders

MARS



European Space Agency



Glanbia

J&J



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Beter in jouw buurt



MAHD AL FUTAYH



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