

Career Fitness Profiler Certificate

Facilitate Career Development Conversations

Careers today are more dynamic, self-directed, and unpredictable than ever before. This science-based certification programme equips professionals with the practical skills and evidence-based framework to facilitate meaningful career conversations around motivation, adaptability, energy, and sustainable career development.

Workshop Flow



This highly interactive programme will help you:

- ✓ Gain insight into the latest career science and different career models.
- ✓ Understand the challenges that come with a contemporary approach to talent management.
- ✓ Gain insight into the underlying scientific concepts of the Career Fitness Profiler questionnaire.
- ✓ Learn how to interpret the individual reports and conduct a constructive feedback conversation with a respondent.
- ✓ Gain insight into the different development and coaching forms that are used based on the results of the report.



Delivery Format

Available as a 3-day in-company live training or blended online learning journey.



Language

English, Dutch and French.



Audience

(Career) Coach, outplacement advisor, HR specialist/recruiter, or L&D/Talent manager



Journey

Practice interpreting the Career Fitness Profiler report with volunteers and complete a final certification examination.



Navigate changing work skill expectations and life demands with **purpose** and **proactivity**.

We build the human foundation for a **sustainable** transformation.

Zest for Work redesigns how organisations generate energy, enabling teams to sustain performance, focus, clarity and adaptability under continuous demand.



You are in good company!

Jolanda Schilt, Career Coach, NOLAC certified, De Coachzuster

The program I went through was much more than a certification on an instrument. It was an in-depth learning trajectory around motivation science and contemporary careers. Step by step, you are taken through the different parts of the CFP test. I especially appreciated the combination of the theory offered, the discussion of this theory with my fellow participants and the practical. As far as I am concerned, this tool is indispensable in a career path.



Read what they say about us!



**Trusted by
Global Leaders**

MARS



J&J



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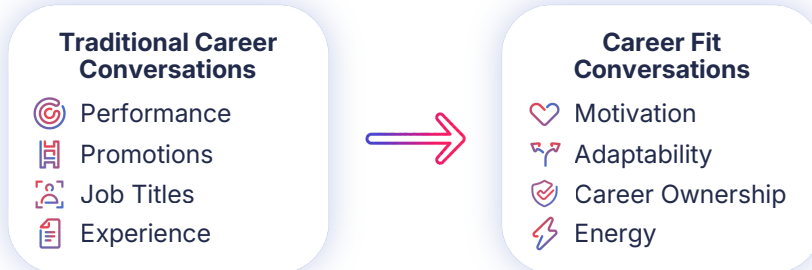
www.zestforwork.com



The Career Fitness Profiler

A science-based framework for meaningful career development conversations.

Careers today are more dynamic and self-directed than ever before, but many career conversations still fail to address what truly drives motivation, adaptability, energy, and sustainable success.



A holistic view of career fitness.

Developed and validated by TalentLogiQs®, a spin-off of the University of Antwerp, the Career Fitness Profiler is an evidence-based assessment designed to support meaningful career development conversations. It helps individuals and organisations better understand what drives career motivation, how people manage their careers, and whether they have the energy to sustain performance over time.



Turn career insight into meaningful action.



Understand what drives your satisfaction at work, what will make your career feel successful.



Assess how skilled you are to manage your own career today and become self-directed



Check what your current energy levels are to push your career forward



Identify key areas of risks and opportunities on your career journeys

Turn career insights into meaningful action

Become certified in the Career Fitness Profiler and learn how to facilitate evidence-based career development conversations.

